



# NATIONAL POPULATION COUNCIL



## WORLD POPULATION DAY ESSAY WRITING AND POSTER COMPETITION

### Introduction

Each year on July 11, Uganda joins the rest of the world to commemorate World Population Day (WPD). This year's WPD national celebrations will be commemorated in Ntoroko district under the theme: 'COVID-19 and Beyond: A Spotlight on Uganda's Adolescent Reproductive Health'. The aim of WPD celebrations is to create awareness on key population and development issues and to bring these issues to the attention of policy/decision makers to act.

This year, several activities will be organized in commemoration of World Population day including a national essay/poster competition on teenage pregnancy, a televised symposium and the virtual district leaders dialogue on child marriages and teenage pregnancy.

### Aim of the Essay/Poster Competition

To bring young people on board in addressing Sexual Reproductive Health issues, and to create awareness on teenage pregnancy. Competitions will be divided into 4 categories.

1. Upper primary (P5-P7)
2. O'level
3. A'level
4. Tertiary/University

### Questions.

#### Upper Primary (p5-p7)

1. What is teenage pregnancy and what are some of the causes of teenage pregnancy? Explain some of the problems a teenager faces after she has become pregnant and provide some ways of how to avoid teenage pregnancy?
2. Write a letter to your Member of Parliament or any other leader in your community proposing ways of protecting teenagers from getting pregnant.

#### O'Level

"Education First, Babies After" Discuss?

1. The essay should be between 800 to 1000 words.
2. Design a poster of making Reproductive health services

youth friendly

#### A'level

Write an essay of words between 1,000 and 2,000 on the following theme:

**'COVID-19 and Beyond: A Spotlight on Uganda's Adolescent Reproductive Health'**

#### Tertiary/University

1. Discuss the challenges in producing effective Reproductive Health Services for young people in Uganda? What more should Government and Partners do?
2. Write a letter to a leader in your community about the Sexual Reproductive Health challenges faced by young people. Propose five key solutions to address the challenges

#### Submission

- The essay/poster should include your full name, the school/institution, your contacts and clearly labeled: Essay competition
- Submissions should be addressed to:  
**The Director, Information and Communication  
National Population Council  
P.o Box 2666 Kampala  
Tel. 0414705400**
- Submissions can be online to [npcsec@npcsec.go.ug](mailto:npcsec@npcsec.go.ug)
- Deadline for submission is **August 15, 2021**

#### Vetting the winning Essays

- Winning essays will be vetted at the National Population Council, by a panel of judges that will be constituted by the Director General, National Population Council.

#### Awarding the winners

- 2 winners per each category will be awarded with various prizes including bursaries and cash prizes.
- The 1st winner for each category will also take part in the national post WPD teenage pregnancy dialogue meeting in Kampala scheduled to take place in October 2021.